



Pre-Operative instructions

Preparation for Surgery

- The use of electronic devices for recording purposes is NOT permitted. This includes cameras, tape recorders, cell phones, iPods/iPads, laptop computers or any electronic device with photo, video, or audio recording.
- Cell phone use is not permitted in the clinical areas.
- If an unforeseen circumstance requires you to change or cancel your scheduled appointment, we ask that you provide us with 48 hours' notice.

Medication modifications

The following medication types may require special prep and post op start and stop times provided by your physician.

- Anticoagulant- blood thinners
- Bisphosphonates- osteoporosis and cancer medication
- Insulin- diabetes medication
- Immunosuppressant-autoimmune disorders, cancer, transplant recipients

Health conditions that may require pre operative antibiotics

- Heart valve replacement
- Immunocompromised health (chemotherapy, immunologic disorders, some autoimmune diseases)
- Recent (<2yrs) total joint replacement
- History of rheumatic heart disease
- Heart murmurs that affect quality of life

Pre op instructions for Sedation

- **Do not eat or drink anything (not even water)** 8 hours before your surgery appointment. Failure to follow this instruction may be life-threatening!
- **Marijuana use-** modification to use may be necessary due to increases in cardiovascular risk. Please consult with oral surgeon for individual modification requirements that may be necessary. Generally it is recommended to abstain from use for 24 hours before and 48 hours after the procedure.
- Do not wear tight clothing on the day of appointment. Wear a short-sleeved shirt or blouse.
- Remove all facial jewelry prior to appointment.
- A jacket may be worn but will need to be removed prior to placement of the IV.
- Use restroom 30 minutes before appointment time.
- Do not ignore a head or a chest cold when oral surgery is to be performed. Call immediately if any symptoms are present; a change of appointment may be necessary.
- **Be sure that a responsible person accompanies you on the day of the appointment. It will be necessary for this person to remain at the office during surgery and to drive you home.**

Patient's Initials _____



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- Someone must stay with you all day after your surgery. Do not drive for 24 hours after surgery.
- Do not wear fingernail polish or acrylic fingernails.
 - Do not wear contact lenses.

Local anesthesia or Nitrous

There is no preparation if you are not having sedation.

You may receive prescriptions sent to your preferred pharmacy. Our office will text to let you know they have been sent. If the medication is not there, please let us know as soon as possible.

Patient's Initials _____